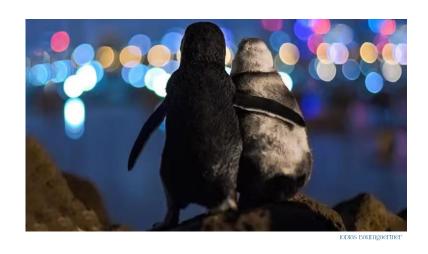


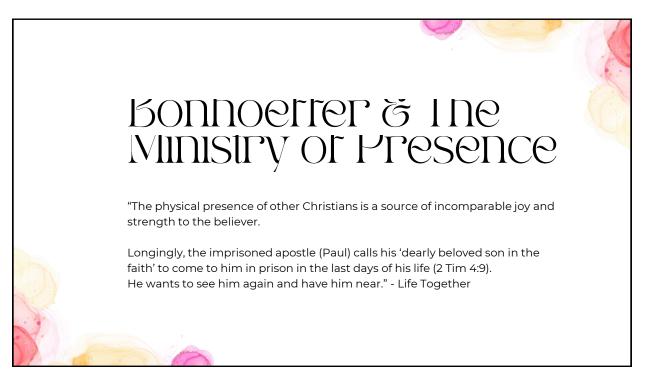


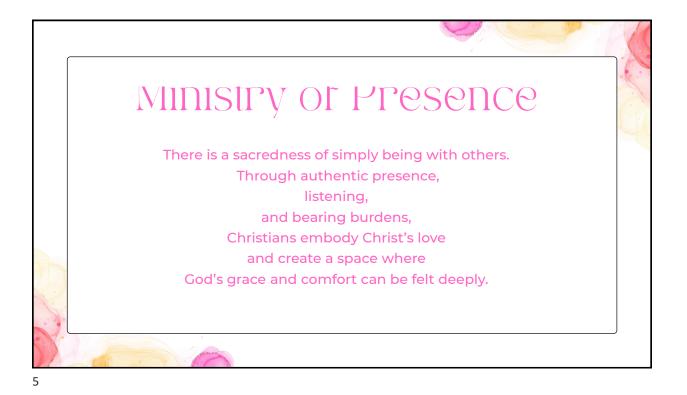
## Tending to your heart

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God. 2 Cor 1:4-5 Tending to others

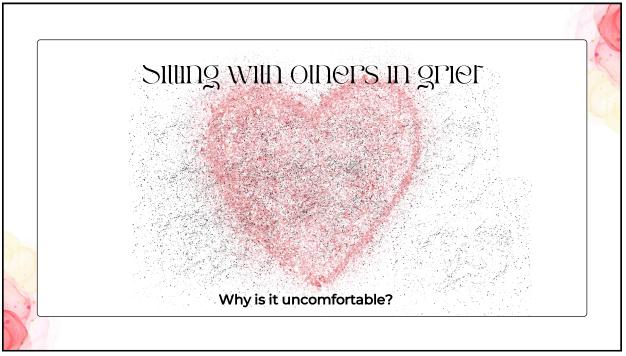
You are my servant, I have chosen you and not cast you off'; fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand. Is 41: 9-10





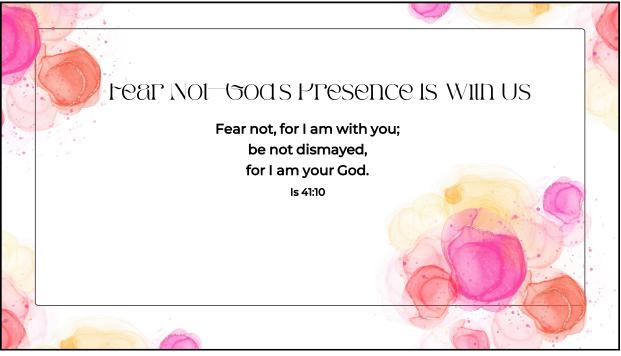




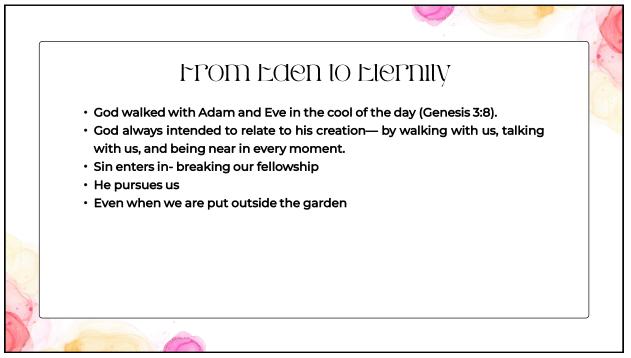


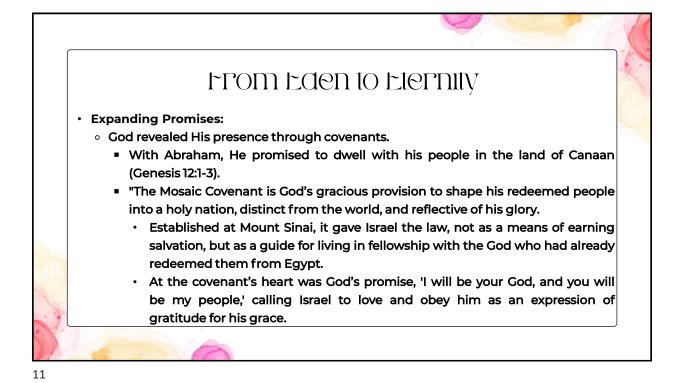


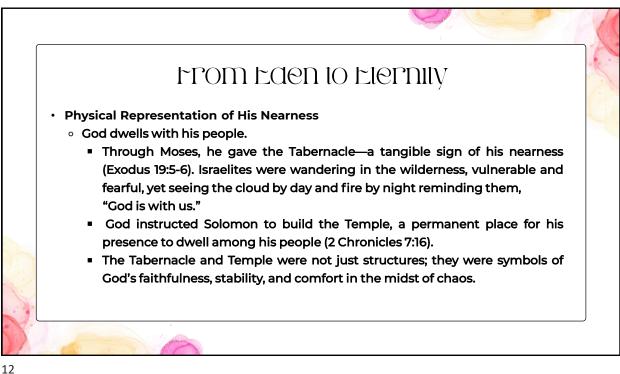


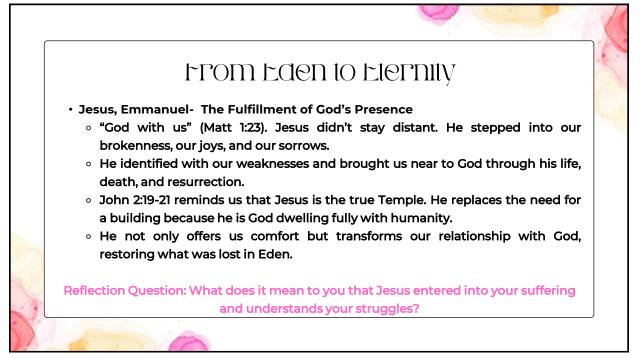


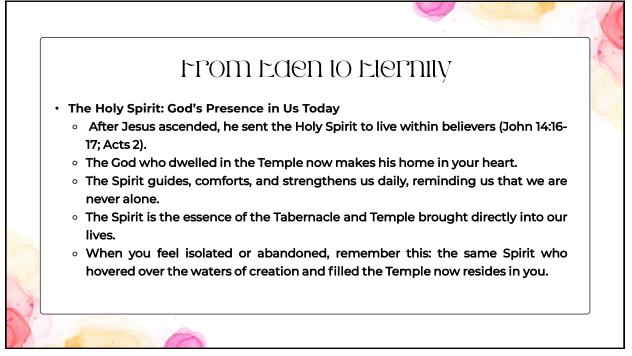


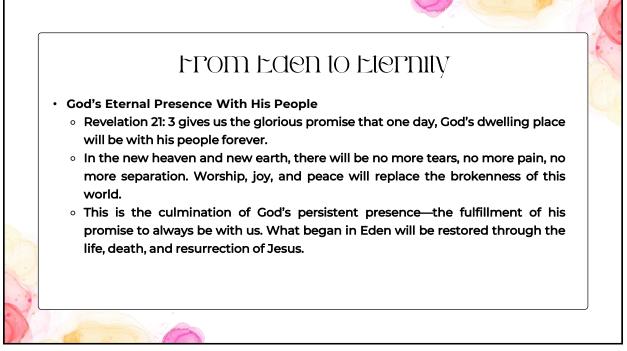




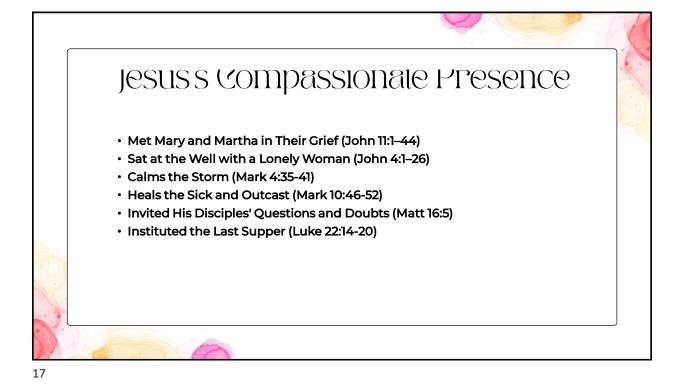


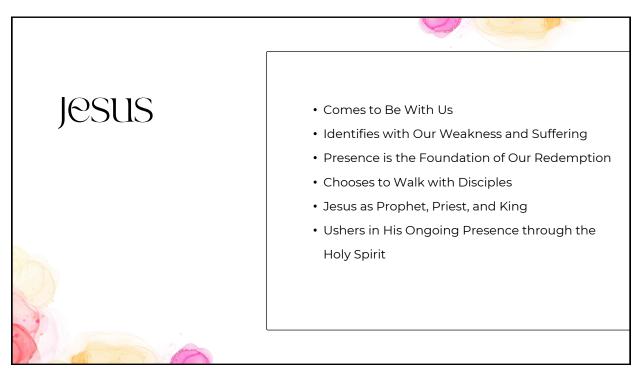


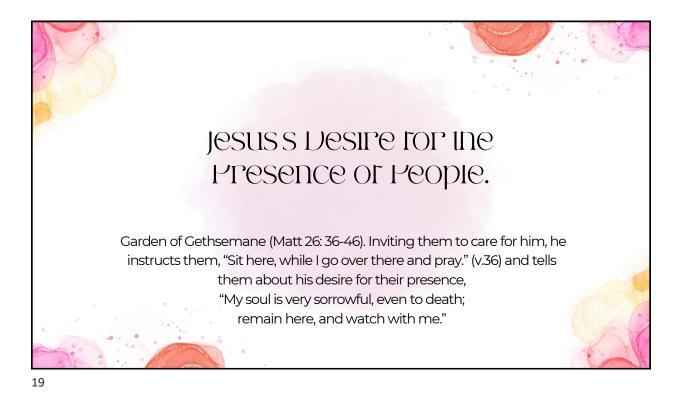


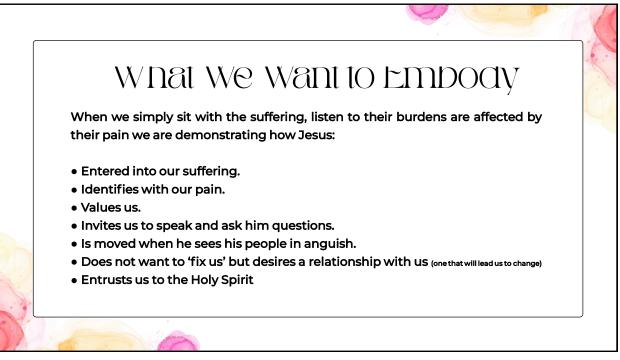






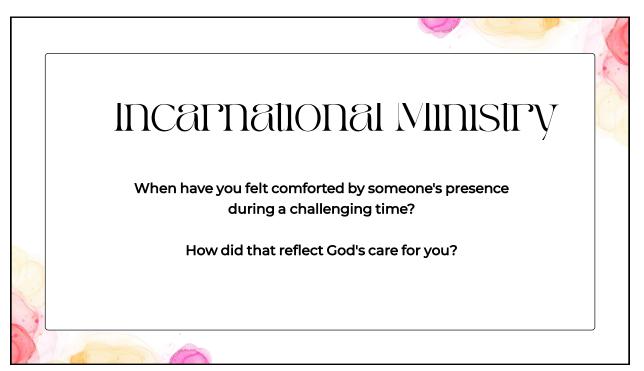






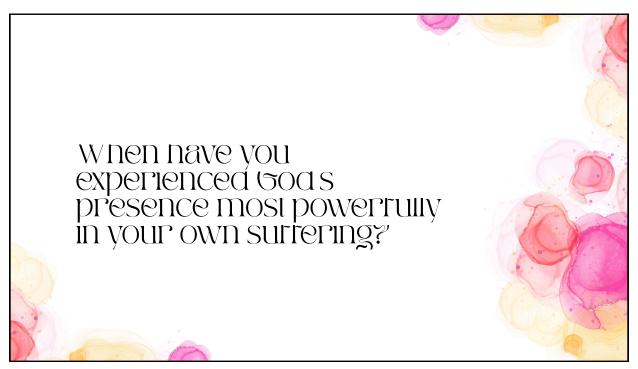








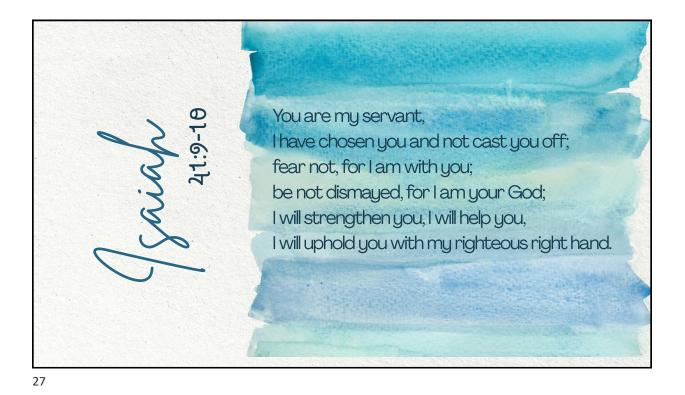
- Embodies doctrinal truths with compassion; it doesn't substitute for them.
- Aims to comfort, but it also sets the stage for growth.
- Points sufferers to God it does not substitute our presence for his.
- Honors the place of lament, recognizing that space for grief and despair builds faith.
- It does not ignore or excuse sinful responses to suffering but seeks to address them at the right time lovingly.
- Invites trust in God's timing.
- Does not negate the need for action.

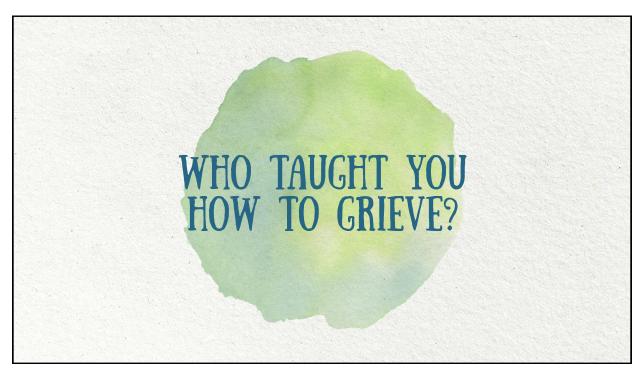


Darby Strickland Cornerstone Woman's Retreat 2025



## Darby Strickland Cornerstone Woman's Retreat 2025







Bonhoeffer contends that our longing for others' presence is not a sign of weakness but of a profound spiritual reality.

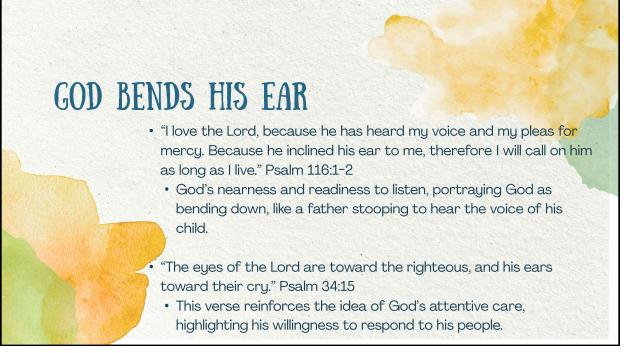
"The first service that one owes to others in the fellowship consists in listening to them. Just as love of God begins with listening to His Word, so the beginning of love for the brethren is learning to listen to them."

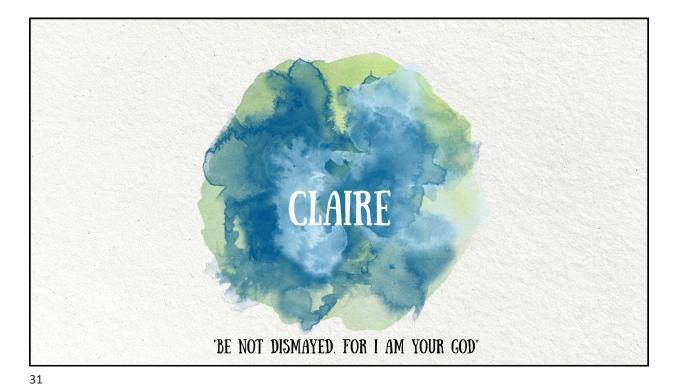
## THE SIMPLE ACT OF LISTENING REFLECTS GOD'S LOVE AND PRESENCE.

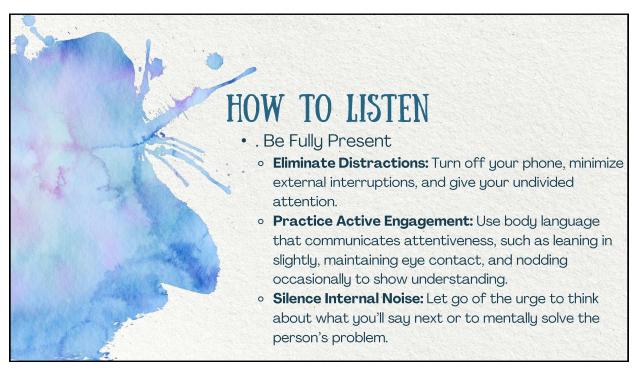
Offering our full attention to others is a profound way to be present in their lives and show them Jesus, "the ministry of listening has been committed to them by him who is himself the great listener and whose work they should share.

We should listen with the ears of God that we may speak the Word of God."

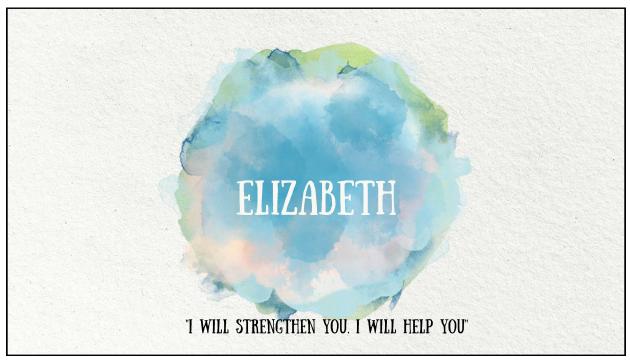




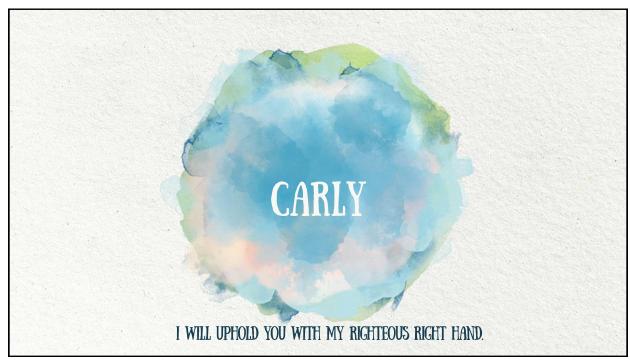


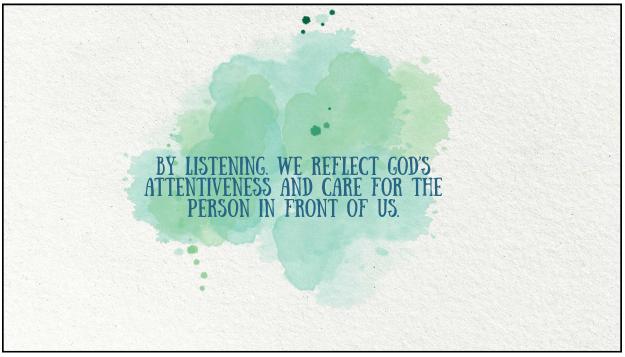


- Avoid Judgment: Accept their emotions and experiences
- **Be Comfortable with Silence:** Silence can be a powerful form of communication. Allow the person to process their thoughts and feelings without feeling rushed.
- **Maintain Confidentiality:** Honor their trust by safeguarding what they share with you.
- Acknowledge Emotions: Validate their feelings by saying things like, "That sounds incredibly hard," or "I can see why you'd feel that way."
- Affirm Their Worth: Remind them that their feelings and experiences matter. Say, "What you're going through is important, and it's okay to feel this way."
- Value Them: Let them know they are not alone and that their pain is seen and cared for.
- Understand Silence:

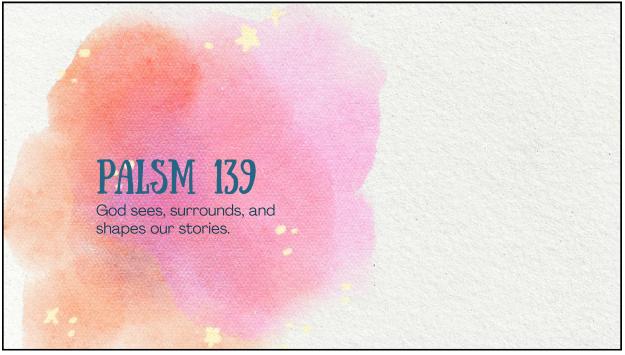


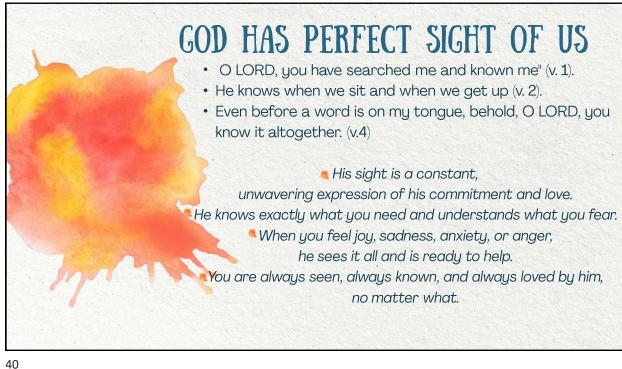


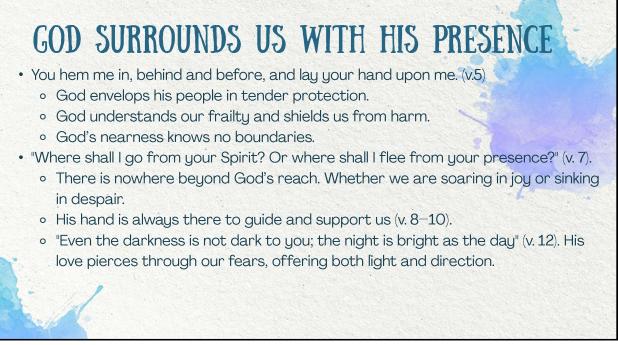












## GOD SHAPES OUR STORIES

- Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them (v. 16).
  - Before we took our first breath, God had already penned the narrative of our lives. Each chapter, filled with both joy and struggle, is written by a God who is infinitely wise and unfailingly good.
- God's shaping of our stories does not mean we won't face difficulty or sorrow, but it does mean that every moment is woven into a tapestry that reflects his glory and fulfills his eternal purposes.
- "Such knowledge is too wonderful for me; it is high; I cannot attain it" (v. 6), reminds us that while we may not understand our story as it unfolds, we can trust that the author of our days knows the ending, and it is good.

God is intimately present in our grief. He knows our pain, hears our cries, and stays near, even when we feel lost.

In our own sorrow and the sorrows of those we love, his presence reminds us that we are not alone—

He sees and upholds us with His righteous hand He will strengthen us and help us

We have nothing to fear.

